



**Luxury Lodges and the Ultimate Everest High !
Trekking in the Everest region and helicopter charter to Everest**

2 nights Kathmandu (Hyatt Regency Hotel), 4 nights Everest Trek using luxury Lodges, helicopter charter, 2 nights Kathmandu (Hyatt regency Hotel).

We fly you into Lukla from where you trek to the Sherpa capital of Namche Bazaar. Here you spend a day exploring the local area before being picked up the next morning by a 4-seater helicopter for the most exhilarating helicopter flight in the world to the Base Camp of Everest at around 16,500 feet. The scenery is sensational as you will find yourself surrounded by many Himalayan giants, including of course views of Everest and the more elegant Ama Dablam.

The accommodation enroute is in the most comfortable Lodges available in the region and you will be guided by an excellent Sherpa guide.

In Kathmandu we stay at the deluxe 5 star Hyatt Regency Hotel.

Important note: This itinerary is dependent on weather conditions. A buffer day in Kathmandu is essential to allow for possible delays into Lukla and out of Namche.

- Duration** : 09 Days/8 nights – 2 nights Kathmandu, 4 nights on trek, 2 nights Kathmandu
- Grade** : Moderate-strenuous
- Accommodation** : Comfortable 5 star Hotel in Kathmandu, comfortable lodges on trek

The trip is available on a private basis to suit your own dates. The trip may be extended to visit up towards Everest Base Camp. Modifications to the itinerary will affect the cost.

The price based on a minimum of 2 persons sharing in the group is US\$ 1650.00 per person. The cost of the helicopter charter is extra @ approximately US\$ 6500.00 per helicopter. Note that helicopter can carry up to 4 persons but is dependent on the weight of the passengers.

Price Includes:	Price Excludes:
All airport transfers as mentioned in the itinerary ½ Day sightseeing of Kathmandu city Domestic flights Kathmandu/Lukla by scheduled air services Namche-EBC-Kathmandu by chartered helicopter X4 day/4night Day fully inclusive trek arrangements with accommodation and all meals in comfortable Lodges X4 nights accommodation in Kathmandu inclusive of breakfast Lunch at the exclusive Shivapuri Heights Cottage	Lunch and dinner in Kathmandu Personal insurance Price rises beyond our control (e.g.; increase in permit fees, airfares) Charges for delays in Kathmandu/on trek due to weather and other factors. Personal expenses such as gratuities, laundry etc. Personal clothing and equipment International departure airport tax Visa fees International airfare



ITINERARY

Day 01: **Arrival in Kathmandu**

Upon arrival you will be met and assisted by an Escape 2 Nepal representative and transferred to stunning Hyatt Regency which is located 15 minutes drive from the airport and 20 minutes from the tourist district of Thamel.

The Hyatt Regency Kathmandu is a luxury 5 star city resort hotel situated 10 Km from the city centre of Kathmandu, Nepal, on the road to Boudhanath Stupa - the most holy of Tibetan Buddhist shrines outside Tibet. The hotel is 4 Km from Tribhuvan International Airport and very close to the business district and shopping areas. The Boudhanath Stupa is within ten minutes walking distance from the hotel. The hotel is also host to Club Oasis Spa, a sanctuary of calm in Kathmandu, Nepal.

Overnight Hyatt Regency Hotel.



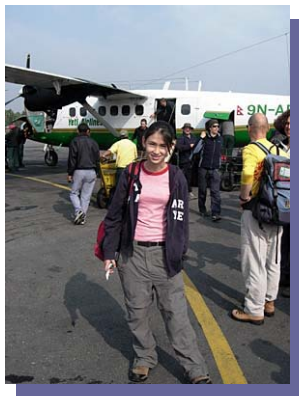
Day 02: **Kathmandu**

A pre-trek briefing will be conducted today in which maps and other general information will be distributed. This will also offer you the ideal opportunity to ask any last minute questions that you may have. A half day sightseeing tour will also be arranged.

Overnight Hyatt Regency Hotel.



Day 03: **Fly to Lukla (9,000ft/2,743m), trek to Monjo - 5-6 hrs.**



The flight from Kathmandu to Lukla and the landing at the small mountain airstrip is something you will be talking about for many years to come. The scenery is fantastic and as you fly like an insect up the vast valleys towards Lukla, the giants of the world appear on the horizon. After landing on the resurfaced airstrip, you can have a cup of tea in one of the lodges in Lukla before starting the trek.

It is about 2 hours to Phakding (8,700ft/2,652m) where you will stop for lunch. First the path drops down a steep, stony path to meet the trail coming up through Chaurikharka. You will encounter porters, sherpas, trekkers and the common beast of burden, the dzo, then the path contours the mountainside, past lodges and the small hamlets of Ghat (8,169ft/2,490m) and Chuthrawa (8,500ft/2,591m).



The trail takes you past large stones carved and painted with prayers, a couple of large new suspension bridges and under large cliffs with trickling waterfalls. From Phakding it is another 2 or 3 hours to Monjo (9,301ft/2,835m), which lies just past Chumoa. Before you get to Monjo, have tea at Benkar at a lovely lodge in a wild spot. Memories of the day will include the sounds of porters with transistor radios, a cacophony of different languages, beautiful sounding birds, the sights of porters and loads resting on sticks outside tea houses, panting, prayer flag poles and of course the dramatic scenery. Overnight Monjo Lodge.



Day 04: **Day walk from Monjo.**

Monjo, 9,301ft/2,835m is a picturesque small village comprising of about 25 houses and located in a small, narrow valley at the base of the peak, Thamserku 21,679ft/6,608m and Kaysaro. It is also at the junction between the Thamserku & Dudh Kosi rivers and is just on the edge of the Sagarmatha National Park.

Today, to help you acclimatise, your Sherpa sirdar will take you on a day walk to Thakcho Hill, which lies a little above 9,842ft/3,000m. From this vantage point the views of the Kongde Ri, Thamserku and the Numbur Himal are quite spectacular. The total excursion should take about 4 hours. Overnight Monjo Lodge.

Day 05: **Trek to Namche Bazaar (11,300ft/3,445m)**



This will be one of the harder days physically on your trek so take it slowly. The path itself is full of interesting sights. Not least of these will be your first view of Everest as you get higher up the trail. From the lodge it is 15 minutes to the Everest National Park boundary and already the scenery is vastly impressive, with deep gorges, bare vertical rock faces, pine forests on some steep slopes and wispy waterfalls. Having completed the paperwork, it then takes 15 minutes following the right bank of the river to where it starts to climb to the Hillary Bridge, named after Sir Edmund of Everest fame. This is a tremendously impressive suspension bridge, spanning a deep chasm. The path then zigzags up through the forest where trees pack themselves in between giant boulders and cliffs. If you are lucky, you may well see small herds of thar, a small deer-like animal. Eventually you pull into Namche Bazaar, its Sherpa houses built one above the other on the steep sides of a sloping mountain bowl. The narrow streets at its centre are a mixture of cyber cafes, souvenir shops and places where you can rent/buy any piece of equipment under the sun.

Overnight Namche Hotel.

Day 06: **Namche Bazaar (11,300ft/3,445m)**

We have a leisurely day in Namche and its a great place to spend exploring the local market. 'Chill out' and visit one of the local T-houses for a freshly-baked cinnamon roll. Namche is a busy and bustling trading place and there is always plenty going on. Alternative we can take a hike up the hill behind Namche to the airstrip at Syangboche and visit the Everest View Hotel, or stroll across to the museum behind the police post.





Day 07: Helicopter Charter to Gokyo Valley and Everest Base Camp

You will be picked up from Namche and fly up the Gokyo Valley and then to Everest Base Camp. This is one of the most spectacular scenic mountain flights in the world. Weather permitting stop enroute at Thyangboche Monastery.

Return to Kathmandu by around 11am. *(Note: timing and flights are subject to weather conditions).*



Day 08: Day in Kathmandu

Today enjoy a leisurely lunch at the exclusive Shivapuri Heights Cottage in the hills just north of Kathmandu. The Cottage provides the perfect escape from the hustle and bustle of Kathmandu.

Overnight at the Hyatt Hotel.

Day 09: Depart

Transfer to the International airport for your final departure from Kathmandu.

